

## **Permanent Orienteering Course**

This permanent orienteering course has been planned by EPOC in accordance with normal orienteering practice. However it is not possible to keep a constant eye on the area so users must accept that neither the planners nor the National Trust can be held responsible for any accident or injuries, losses or damage that may occur whilst orienteering.

Course details and control descriptions are contained on the control card.

Visit the controls in the order shown and mark the number on the control post in the box on the control card (obtained from the ticket office) Alternatively, you can make your own course up using any of the controls on the map.

You may encounter electric cattle fences. These are temporary and are overprinted in purple.

Gates or stiles have been erected for you to cross these fences. Stiles have also been positioned by gates which are difficult to open.

Only controls L and X cannot be reached when fenced off.



marks the Start & Finish at the ticket office in the Stables